

# Local 344

GARY CARTWRIGHT  
Business Manager



UNITED ASSOCIATION OF JOURNEYMEN AND APPRENTICES  
OF THE PLUMBING AND PIPE FITTING INDUSTRY

4335 SOUTHWEST 44th  
OKLAHOMA CITY, OK 73119  
(405) 682-4571 FAX (405) 682-1327

May 2023

To All Members of Plumbers & Pipefitters Local 344

Dear Brothers and Sisters:

## Member Deaths

Brother, **Omar 'Opie' F. Thompson, Jr.**, Membership Number 1097407, died 4/15/2023. He was a Journeyman Plumber.

Brother, **Robert P. Devries**, Membership Number 1481312, died 4/29/2023. He was a Journeyman Plumber.

## Health & Welfare News

**Vision Benefits:** All participants are limited to 1 pair of frames and one pair of conventional lenses OR contact lenses (but not both) up to the stated allowable charge once every 12 months.

Filing Vision Claims: On the back of your BCBS card it states: Submit all vision claims to: Claims office c/o PP344 H&W fund at 8441 Gulf Freeway, Suite 304, Houston, TX 77017. If the provider won't file the claim directly to the claims office, you will need to pay out of pocket to the provider and either mail your claim to the claims office or you can e-mail your itemized vision claim to the Benefit office at [andrea@local344.com](mailto:andrea@local344.com) and it will be forwarded to the Claims office for processing so you can be reimbursed.

The plan will pay up to the following:

Vision exam: up to 100.00      Frames: up to 200.00  
Single vision Lenses: up to 185.00      Bifocals and Trifocals: up to 200.00  
OR  
Contact lenses: Up to 180.00 once every 12 months.

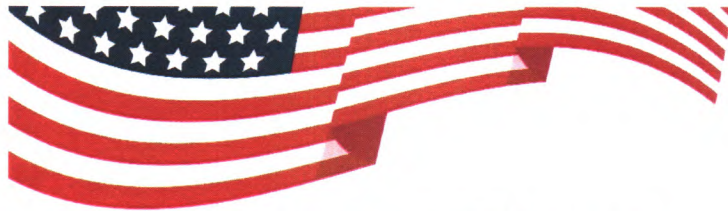
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*"Unionism has helped to give to everyone who toils the position of dignity which is his due"*



**Employee Assistance Program:** A place to turn to when personal problems seem overwhelming. Your Employee Assistance Program (EAP) is a confidential counseling program, free of charge, provided for you and your family. Counselors are trained to deal with a broad range of problems: stress, parenting, family issues, coping with illness, marital problems, work issues, addictions, grief, anger, anxiety, depression, coping with financial problems, etc. Call 800-413-8008 ext. 2.

**Free Clinics:** Please remember to utilize the Free Clinics [yourhealthok.com](http://yourhealthok.com) and [justkidspecs.com](http://justkidspecs.com) or call: 405-920-6100 to make an appointment.



# MEMORIAL DAY

REMEMBERING & HONORING ALL WHO SERVED



Thank you to the brave men and women who have made the ultimate sacrifice. Honoring our nation's heroes on Memorial Day.

You can always access our previous newsletters at [pp344.com](http://pp344.com)

Fraternally,

A handwritten signature in blue ink that reads "Gary Cartwright".

Gary Cartwright  
Business Manager